# DEVICE RELATED DISTRACTION MEASUREMENT: Preliminary Findings and Research Challenges

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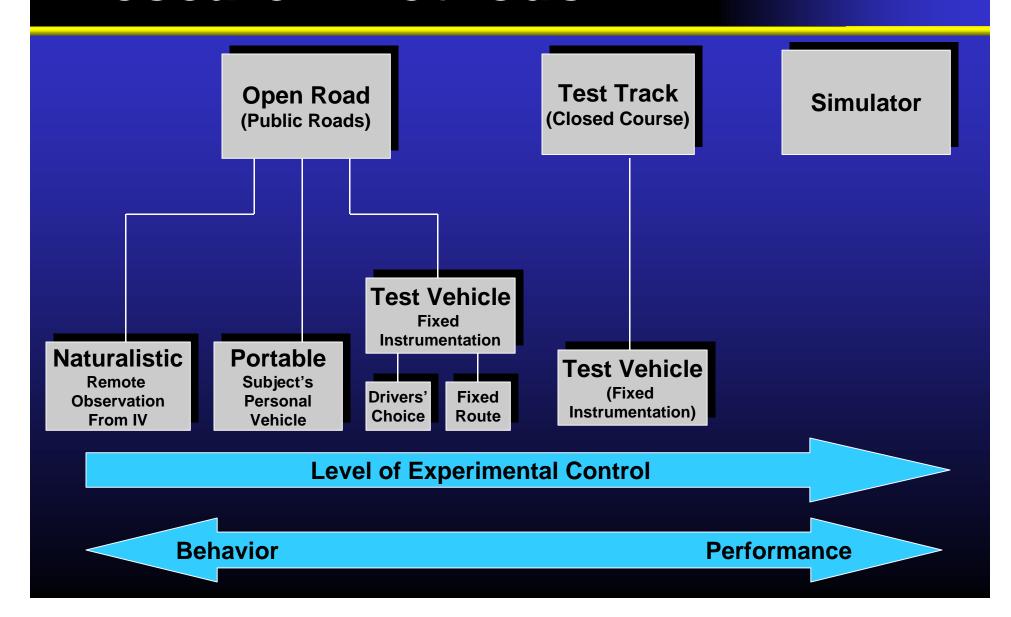
#### Background



- Driver distraction is a known safety problem
  - 20-30% of crashes involved distraction (NASS CDS 95-98)
- New communication and information technologies have potential safety and social benefits
- However, new devices may worsen the distraction problem

#### Distraction Assessment Research Methods





#### NHTSA Research Program



- On-road studies
- Test track studies
- NADS studies

#### Wireless Telephone Interface Study



- Instrumented vehicles driven by members of general public for 6 weeks
  - 3 wireless phone interfaces
    - Hand-held, hands-free, hands-free with voice dialing
  - 2 weeks per phone interface
- Compare for different interface designs:
  - Use patterns
  - Conditions under which drivers are willing to use wireless phones

### Research Challenges – Wireless Phone Study



- Management of large data sets
- Identify valid calls made while driving

#### Data Reduction Effort

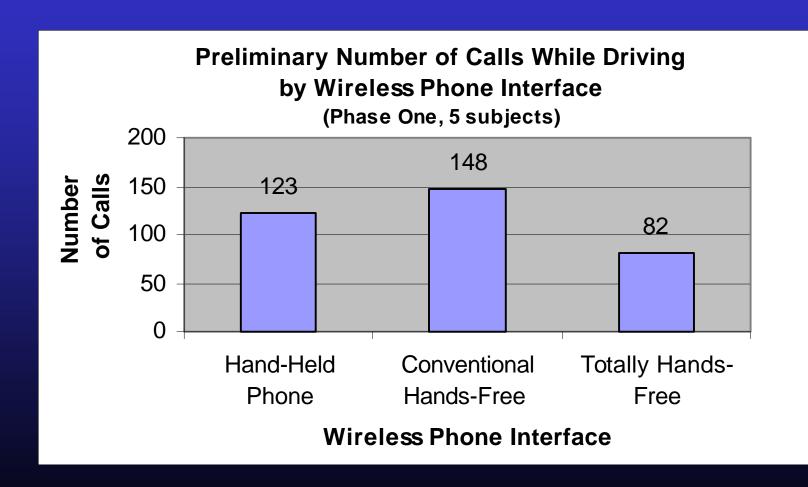


#### Phone Call Breakdown (Phase One)

Type of Call / Condition	Hand-Held Phone	Conventional Hands-Free Phone	Totally Hands- Free Phone
Made by Driver While Driving	123	148	82
Made by Driver, Wrong Interface	1	35	3
Made by Driver, Stationary Vehicle	45	43	18
Made by Passenger	3	2	2
Other	4	0	1
TOTAL	176	228	106
% Usable Calls	70%	65%	77%

# Preliminary Phone Call Data



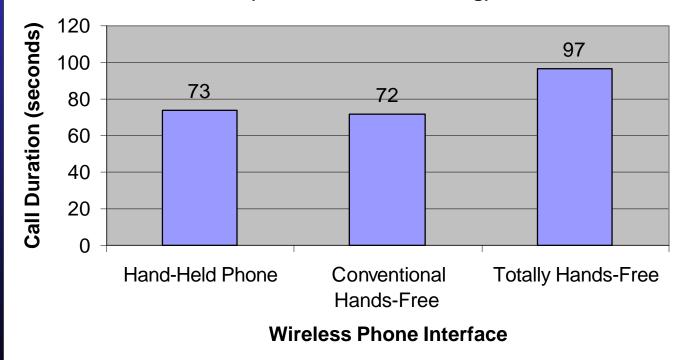


## Preliminary Phone Call Data



#### Preliminary Call Durations While Driving

(Phase One, 5 subjects) (does not include dialing)



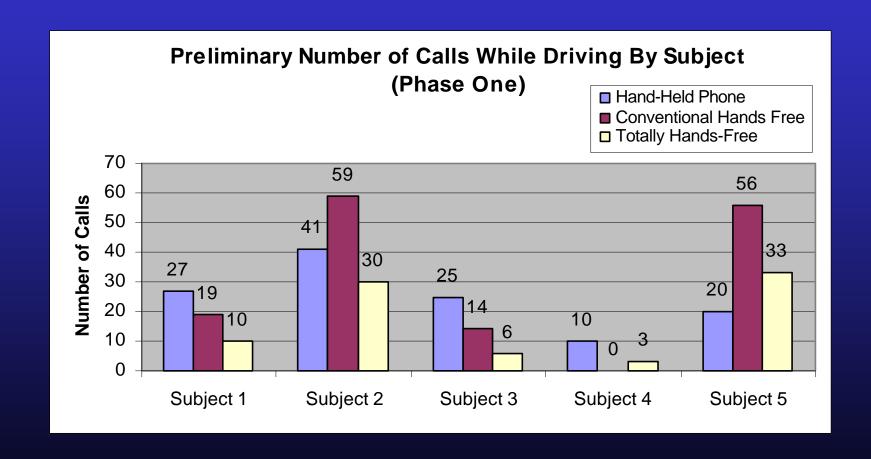
### Research Challenges – Wireless Phone Study



- Data loss due to field study issues
- Match exposure between conditions
- Recruitment issues, self-reporting

# Preliminary Phone Call Data





### Lessons Learned – Wireless Phone Study



- Selective recruitment for naturalistic studies
- Use of event markers in data

#### Test Track Studies



- Evaluation of voice interface for invehicle devices
- Demonstration study of everyday distractions

#### Effects of Voice Technology on Test Track Driving Performance



- Cooperative study between NHTSA and Transport Canada
- Compare voice and non-voice technologies for:
  - Phone dialing
  - Radio tuning
  - **E-mail** retrieval



#### Effects of Voice Technology on Test Track Driving Performance



- Driving performance and eye glance behavior will be analyzed
- Results will help determine what tasks are appropriate for drivers to access while driving on public roads

#### Research Challenges – Voice Interface Test Track Study



- Conducting research in experimental settings removes drivers' motives and reasons for engaging in distracting behaviors
- Cannot recreate the visual and operational richness of on-road conditions
- Research limited to distraction potential



- Closed-course study to assess effects of various secondary tasks on driving performance
- Subjects drove repeated laps over winding road course
- Unexpected events combined with everyday in-vehicle distractions
- Separate scores for primary (driving) and secondary (distracting) tasks

#### Results Based on Test Scores



- Based on examination of 12 subjects:
  - On average, performing a secondary task was associated with a 15% reduction in driving performance, relative to the average baseline score
  - On 88% of all driving laps, the secondary task impaired driving performance.

#### Cost of Performing Secondary Tasks while Driving



Task	Average Performance Decrement (%)
Counting	12
Reading	16
List Writing	<b>25</b>
Phone Dialing	8
<b>Grooming/Eating</b>	12
<b>Destination Entry</b>	18
CD Changing	17
Mean for all secondary tasks	15

#### Research Challenges – Demonstration Study of Everyday Distractions



- Development of closed course distraction assessment test concept
- Development of unexpected events
- Timing of unexpected events













#### Research Challenges – Demonstration Study of Everyday Distractions



- Creation of incentives for secondary task performance
- Development of metrics for assessing performance

### Lessons Learned — People Saving People Inttp://www.nitsa.dot.gov Test Track Distraction Studies

- Scoring and competitiveness can be used to create incentive for task performance
- Typical roadway traffic control devices can be used to create a more realistic visual environment

#### NADS Research



#### National Advanced Driving Simulator (NADS)



#### NADS Studies



#### Driver workload and distraction

- Due to Wireless Communications Devices
- Due to In-Vehicle Information Systems

### Research Challenges – NADS Distraction Studies



- Acclimation to simulator and devices while driving is limited due to cost
- Creation of incentives for secondary task performance
- How to create compelling conversation
- NADS validation

#### Overall Research Challenges



- Selecting appropriate research tool
  - Experimental methods trade realism for control
  - Naturalistic methods can lack control necessary to provide definitive answers to questions
- Relating findings to potential safety impact

#### Conclusions



- Understanding distraction requires a coordinated research program:
  - Naturalistic studies to evaluate drivers' willingness to engage in distracting activities under normal driving conditions and resulting errors
  - On-road experiments to understand distraction potential in routine situations
  - Closed-course experiments to understand distraction potential in routine and near-critical situations
  - Simulator studies to understand distraction effects in near-critical and critical situations

#### Conclusions



- Research program will attempt to:
  - Determine safety implications of device use under various conditions
  - Develop guidelines for their performance features and appropriate use in vehicles
  - Investigate integrating collision avoidance systems with information and communication technologies to mitigate their distracting effects
  - Quantify benefits and risks